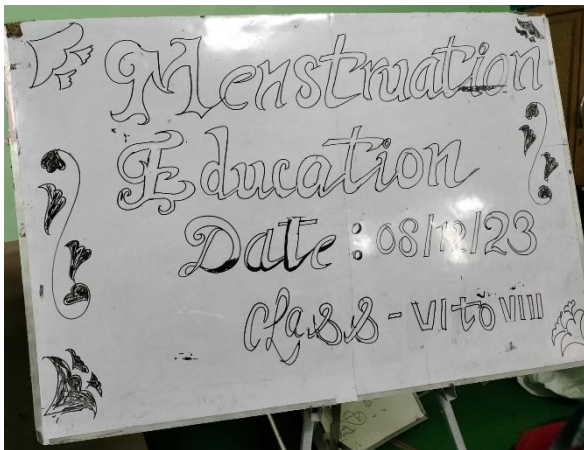


Health and well being

Menstruation education

Report :-

Menstruation Camp has been organised at J K INTERNATIONAL PUBLIC SCHOOL on 8/12/23. This camp aimed to foster awareness and understanding of menstrual health among our female students.



The primary objective of the Menstruation Camp was to educate and empower female students with knowledge about menstruation, promote hygiene practices, and create an open dialogue to destigmatize the topic.

Knowledge-sharing sessions were conducted by healthcare professionals and experts to provide accurate information about menstruation, reproductive health, and hygiene practices.



Hygiene kits containing sanitary napkins, informational pamphlets, and personal hygiene products were distributed to all female students attending the camp.

Workshops on menstrual hygiene management, proper disposal methods, and self-care practices were organized to encourage an open discussion and address any concerns or questions.

The Menstruation Camp played a crucial role in promoting menstrual health awareness, breaking stereotypes, and providing practical support to our female students.